



**PANATHLON INTERNATIONAL**  
**LUDIS IUNGIT**

## **Fair-Play Charter**

**Whatever is my role in sport, including that of a spectator, I undertake the following:**

- *To turn every sports meeting, irrespective of whatever is at stake and its importance, into a privileged moment, a happy event.*
- *To conform to the rules and the spirit of the sport I practice.*
- *To respect my opponents as I respect myself.*
- *To accept the decisions of referees or sports judges well aware that, just like me, they have the right to make mistakes, but that they do their utmost to avoid them.*
- *To avoid malice and aggressiveness in my actions, words and writings.*
- *To avoid using tricks or cheating to be successful.*
- *To maintain dignity both in case of victory and defeat.*
- *To help everyone with my presence, experience and understanding.*
- *To assist any sportsman who is injured or whose life is in danger.*
- *To be a real sports ambassador, making sure that the above principles are applied in my environment.*

**With this commitment I consider myself a real sportsman/sportswoman.**